



Laura Pearce
Headteacher

Dear Parents,

Re: NSPCC's *Speak out. Stay safe* online programme

I am pleased to tell you that this term we will be participating in the **NSPCC's *Speak out. Stay safe* online** programme on **Tuesday 17th January**. This consists of an online assembly and classroom-based activities. *Speak out. Stay safe* is a safeguarding programme available to all primary schools in the UK. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly, interactive way with the help of Buddy the mascot. Children are taught to speak out if they are worried, either to a trusted adult or Childline.

We have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

Additional resources

Adapted assembly for home use

The NSPCC has also developed an adapted version of their assembly for parents/carers to use at home with their children. This can be found here: www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety. With the help of celebrities, the film focuses on how a child can get support if they have any worries or concerns.

To complement the assembly, there are some resources that can be used to enable further discussion whilst doing activities with your children. These are hosted on the NSPCC website www.nspcc.org.uk/activities.

Talking PANTS with your children

The NSPCC's work in schools will help encourage conversations about staying safe and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'Talk PANTS', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone.

You can find out more and download the free resources at www.nspcc.org.uk/pants.

Childline Under 12's Website

Childline also have a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/parents.

Yours sincerely,
Tanya Saunders
Child Protection Lead

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