

# Does your child find it difficult to attend school for emotional reasons?



**Join the Educational Psychology Service at a online two-part workshop for parents and carers. We will:**

- ▶ Learn more about anxiety
- ▶ Explore what feels helpful for your child and family
- ▶ Discuss working together with schools to help young people attend
- ▶ Share your thoughts and ideas with each other
- ▶ Identify what help and support are available
- ▶ Connect with other parents and carers with similar concerns
- ▶ Consider how we can look after ourselves when things are hard

**[Sign up here](#)**

**Session 1**  
**Tuesday 5th July 2022**  
**1.30-2.30pm**

**Session 2**  
**Tuesday 12th July 2022**  
**1.30-2.30pm**

**For more information, please email**  
**[eps-sews@enfield.gov.uk](mailto:eps-sews@enfield.gov.uk)**

**[www.enfield.gov.uk](http://www.enfield.gov.uk)**