

Do you struggle communicating and building positive relationships with your child or young people?

Do you or somebody in your family need support with employment and/or education?

Do you need advice to set boundaries for your children's behaviour?

Would you like support in finding local services to support you and your family?

Enfield Early Help Team are here to help you. You can speak with an Early Help Duty worker face to face or via telephone Monday to Friday from 9am-4pm



Early Help Family Hub



Inspiring families to achieve positive outcomes

Tel: 0208 379 2002

Email: earlyhelp@enfield.gov.uk

Children Portal Details:

enfield.gov.uk/web/portal/pages/referrals

What is the Early Help Family Hub?

Early Help Triage Support

Our duty workers are at hand to provide advice guidance and reassurance.

We accept referrals and general enquiries from parents and professionals.

Surgery Appointment

You may be offered a surgery appointment with one of our professionals, to discuss your situation further.

Parenting Programmes

We offer a range of parenting programmes for parents with children aged 0-18 years.

For more information call our duty line on: 0208 379 2002

Early Help Family Hub is made up of three teams working together to support children, young people and families living in Enfield.

- **Children's Centres (under 5's) offer**
- **Change & Challenge**
- **Parent Support Service**

A whole family approach for families with children aged 0-18 years;

Which includes:

- **Education and employment support.**
- **Parenting advice and guidance.**
- **Emotional and social well-being support.**
- **Issues relating to anti-social behaviour and criminal activity.**
- **Supporting and signposting families who are experiencing domestic abuse and family/parental conflict.**

We work with families who may need addition support to achieve their goals.

Early Help Support

Your worker will:

- Meet and get to know you and your family.
- Your worker will assess your family's needs and focus on actions to help you and your family to achieve your goals
- Work alongside services and professionals who may be supporting you and your family using the Team Around Family (TAF) process
- Bring together any specialist service that may benefit you and your family to ensure the support is right

